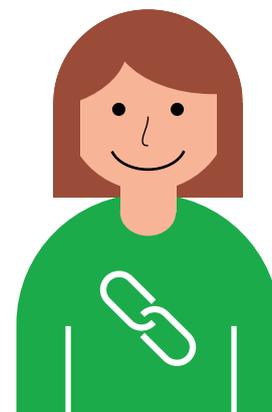


WELLBEING PRACTITIONER

AKA SOCIAL PRESCRIBING LINK WORKER

DES CONTRACT
PRIMARY CARE NETWORK
ADDITIONAL ROLE

Wellbeing Practitioners provide holistic and personalised support to individuals, their families and carers, helping them take control of their wellbeing, live independently and improve health outcomes.



In detail

Wellbeing Practitioners develop trusting relationships with people by focusing on 'what matters to them'.

They offer personalised advice on how to increase control over their health and manage needs in a way that suits them.

Wellbeing Practitioners support also considers the impact of wider determinants of health and includes linking the individual to non-clinical services with the potential of enhancing their health and wellbeing.

Who is it for?

Anyone can benefit from a chat with a Wellbeing Practitioner, even those who are not currently affected by a serious or pressing problem.

What support do they offer?

- Dealing with practical problems, such as housing, money, welfare, access to food or prescriptions, etc.
- Connecting to others, i.e. where to meet new people with similar interests, how to get involved in life-enriching activities locally, etc.
- Improving mental wellbeing by offering a friendly listening ear and by providing advice on the best way to access help for people feeling low, isolated, anxious, stressed or depressed.
- Helping create plans to successfully achieve long term changes and connect with local services that offer support.

REFERRAL PROCESS

Patient identified by Practice Team
(GP, Nurse, HCA, AP, Receptionist)



Practice Team tasks Wellbeing Practitioner on EMIS



Wellbeing Practitioner completes tasks and books patient in for a consultation on their EMIS clinic



Consultation is recorded on the patient's EMIS medical records



Patient is supported by Wellbeing Practitioner, any medical queries will be raised to medical staff

Your Wellbeing Practitioner is:

Service enquiries

Lucy Holmes, Health & Wellbeing Operations Manager
Email: Lucy.holmes8@nhs.net